

JOGGING DE CALCUL

100 - 90 =		170 - 20 =		150 - 20 =	
60 - 10 =		80 - 30 =		130 - 50 =	
130 - 70 =		20 - 10 =		180 - 140 =	
50 - 40 =		40 - 0 =		140 - 50 =	
110 - 40 =		30 - 10 =		180 - 170 =	
30 - 10 =		20 - 0 =		120 - 70 =	
170 - 90 =		100 - 80 =		60 - 10 =	
130 - 60 =		80 - 10 =		80 - 50 =	
170 - 40 =		160 - 30 =		70 - 40 =	
80 - 60 =		30 - 30 =		50 - 10 =	
110 - 100 =		90 - 90 =		90 - 70 =	
90 - 80 =		150 - 20 =		90 - 50 =	
140 - 70 =		140 - 110 =		20 - 10 =	
110 - 110 =		140 - 20 =		110 - 10 =	
160 - 20 =		10 - 0 =		80 - 20 =	

JOGGING DE CALCUL

$100 - 90 =$	10	$170 - 20 =$	150	$150 - 20 =$	130
$60 - 10 =$	50	$80 - 30 =$	50	$130 - 50 =$	80
$130 - 70 =$	60	$20 - 10 =$	10	$180 - 140 =$	40
$50 - 40 =$	10	$40 - 0 =$	40	$140 - 50 =$	90
$110 - 40 =$	70	$30 - 10 =$	20	$180 - 170 =$	10
$30 - 10 =$	20	$20 - 0 =$	20	$120 - 70 =$	50
$170 - 90 =$	80	$100 - 80 =$	20	$60 - 10 =$	50
$130 - 60 =$	70	$80 - 10 =$	70	$80 - 50 =$	30
$170 - 40 =$	130	$160 - 30 =$	130	$70 - 40 =$	30
$80 - 60 =$	20	$30 - 30 =$	0	$50 - 10 =$	40
$110 - 100 =$	10	$90 - 90 =$	0	$90 - 70 =$	20
$90 - 80 =$	10	$150 - 20 =$	130	$90 - 50 =$	40
$140 - 70 =$	70	$140 - 110 =$	30	$20 - 10 =$	10
$110 - 110 =$	0	$140 - 20 =$	120	$110 - 10 =$	100
$160 - 20 =$	140	$10 - 0 =$	10	$80 - 20 =$	60

JOGGING DE CALCUL

$120 - 100 =$	$20 - 20 =$	$110 - 20 =$
$120 - 20 =$	$150 - 140 =$	$40 - 20 =$
$180 - 100 =$	$110 - 80 =$	$10 - 10 =$
$30 - 20 =$	$20 - 0 =$	$160 - 30 =$
$20 - 20 =$	$10 - 10 =$	$130 - 120 =$
$100 - 80 =$	$70 - 10 =$	$30 - 30 =$
$80 - 60 =$	$20 - 10 =$	$140 - 50 =$
$160 - 110 =$	$70 - 30 =$	$160 - 140 =$
$70 - 30 =$	$60 - 60 =$	$30 - 0 =$
$140 - 130 =$	$50 - 10 =$	$30 - 20 =$
$150 - 80 =$	$20 - 0 =$	$160 - 30 =$
$120 - 10 =$	$50 - 20 =$	$70 - 40 =$
$190 - 180 =$	$190 - 40 =$	$180 - 100 =$
$170 - 30 =$	$130 - 120 =$	$140 - 100 =$
$170 - 100 =$	$180 - 10 =$	$150 - 30 =$

JOGGING DE CALCUL

120 - 100 =	20	20 - 20 =	0	110 - 20 =	90
120 - 20 =	100	150 - 140 =	10	40 - 20 =	20
180 - 100 =	80	110 - 80 =	30	10 - 10 =	0
30 - 20 =	10	20 - 0 =	20	160 - 30 =	130
20 - 20 =	0	10 - 10 =	0	130 - 120 =	10
100 - 80 =	20	70 - 10 =	60	30 - 30 =	0
80 - 60 =	20	20 - 10 =	10	140 - 50 =	90
160 - 110 =	50	70 - 30 =	40	160 - 140 =	20
70 - 30 =	40	60 - 60 =	0	30 - 0 =	30
140 - 130 =	10	50 - 10 =	40	30 - 20 =	10
150 - 80 =	70	20 - 0 =	20	160 - 30 =	130
120 - 10 =	110	50 - 20 =	30	70 - 40 =	30
190 - 180 =	10	190 - 40 =	150	180 - 100 =	80
170 - 30 =	140	130 - 120 =	10	140 - 100 =	40
170 - 100 =	70	180 - 10 =	170	150 - 30 =	120

JOGGING DE CALCUL

$60 - 10 =$		$160 - 40 =$		$90 - 70 =$	
$100 - 100 =$		$190 - 110 =$		$60 - 0 =$	
$40 - 20 =$		$50 - 10 =$		$170 - 30 =$	
$30 - 10 =$		$100 - 60 =$		$170 - 20 =$	
$60 - 20 =$		$130 - 20 =$		$120 - 40 =$	
$140 - 130 =$		$90 - 40 =$		$100 - 30 =$	
$20 - 0 =$		$40 - 0 =$		$110 - 10 =$	
$160 - 110 =$		$60 - 0 =$		$40 - 0 =$	
$170 - 120 =$		$160 - 160 =$		$40 - 20 =$	
$30 - 10 =$		$70 - 60 =$		$190 - 180 =$	
$190 - 150 =$		$130 - 120 =$		$170 - 20 =$	
$30 - 10 =$		$110 - 10 =$		$160 - 70 =$	
$150 - 20 =$		$40 - 20 =$		$60 - 30 =$	
$130 - 10 =$		$110 - 70 =$		$50 - 20 =$	
$160 - 30 =$		$60 - 20 =$		$30 - 10 =$	

JOGGING DE CALCUL

$60 - 10 =$	50	$160 - 40 =$	120	$90 - 70 =$	20
$100 - 100 =$	0	$190 - 110 =$	80	$60 - 0 =$	60
$40 - 20 =$	20	$50 - 10 =$	40	$170 - 30 =$	140
$30 - 10 =$	20	$100 - 60 =$	40	$170 - 20 =$	150
$60 - 20 =$	40	$130 - 20 =$	110	$120 - 40 =$	80
$140 - 130 =$	10	$90 - 40 =$	50	$100 - 30 =$	70
$20 - 0 =$	20	$40 - 0 =$	40	$110 - 10 =$	100
$160 - 110 =$	50	$60 - 0 =$	60	$40 - 0 =$	40
$170 - 120 =$	50	$160 - 160 =$	0	$40 - 20 =$	20
$30 - 10 =$	20	$70 - 60 =$	10	$190 - 180 =$	10
$190 - 150 =$	40	$130 - 120 =$	10	$170 - 20 =$	150
$30 - 10 =$	20	$110 - 10 =$	100	$160 - 70 =$	90
$150 - 20 =$	130	$40 - 20 =$	20	$60 - 30 =$	30
$130 - 10 =$	120	$110 - 70 =$	40	$50 - 20 =$	30
$160 - 30 =$	130	$60 - 20 =$	40	$30 - 10 =$	20

JOGGING DE CALCUL

$150 - 120 =$	$50 - 10 =$	$130 - 100 =$
$80 - 30 =$	$30 - 10 =$	$50 - 40 =$
$40 - 30 =$	$140 - 10 =$	$160 - 150 =$
$60 - 30 =$	$60 - 20 =$	$90 - 10 =$
$50 - 10 =$	$100 - 70 =$	$150 - 120 =$
$20 - 0 =$	$90 - 80 =$	$180 - 120 =$
$100 - 30 =$	$40 - 0 =$	$100 - 10 =$
$30 - 10 =$	$30 - 20 =$	$30 - 0 =$
$140 - 80 =$	$140 - 40 =$	$140 - 70 =$
$180 - 170 =$	$150 - 150 =$	$140 - 10 =$
$110 - 90 =$	$130 - 60 =$	$100 - 0 =$
$170 - 10 =$	$180 - 150 =$	$30 - 10 =$
$110 - 20 =$	$90 - 80 =$	$90 - 10 =$
$20 - 10 =$	$150 - 80 =$	$150 - 30 =$
$90 - 30 =$	$130 - 120 =$	$90 - 30 =$

JOGGING DE CALCUL

$150 - 120 =$	30	$50 - 10 =$	40	$130 - 100 =$	30
$80 - 30 =$	50	$30 - 10 =$	20	$50 - 40 =$	10
$40 - 30 =$	10	$140 - 10 =$	130	$160 - 150 =$	10
$60 - 30 =$	30	$60 - 20 =$	40	$90 - 10 =$	80
$50 - 10 =$	40	$100 - 70 =$	30	$150 - 120 =$	30
$20 - 0 =$	20	$90 - 80 =$	10	$180 - 120 =$	60
$100 - 30 =$	70	$40 - 0 =$	40	$100 - 10 =$	90
$30 - 10 =$	20	$30 - 20 =$	10	$30 - 0 =$	30
$140 - 80 =$	60	$140 - 40 =$	100	$140 - 70 =$	70
$180 - 170 =$	10	$150 - 150 =$	0	$140 - 10 =$	130
$110 - 90 =$	20	$130 - 60 =$	70	$100 - 0 =$	100
$170 - 10 =$	160	$180 - 150 =$	30	$30 - 10 =$	20
$110 - 20 =$	90	$90 - 80 =$	10	$90 - 10 =$	80
$20 - 10 =$	10	$150 - 80 =$	70	$150 - 30 =$	120
$90 - 30 =$	60	$130 - 120 =$	10	$90 - 30 =$	60

JOGGING DE CALCUL

$80 - 0 =$		$100 - 70 =$		$150 - 60 =$	
$160 - 80 =$		$10 - 10 =$		$20 - 10 =$	
$150 - 60 =$		$30 - 20 =$		$180 - 170 =$	
$40 - 20 =$		$60 - 40 =$		$40 - 20 =$	
$80 - 50 =$		$180 - 180 =$		$120 - 0 =$	
$110 - 100 =$		$20 - 20 =$		$130 - 40 =$	
$170 - 10 =$		$70 - 40 =$		$70 - 50 =$	
$150 - 20 =$		$60 - 50 =$		$80 - 70 =$	
$80 - 80 =$		$160 - 30 =$		$100 - 80 =$	
$90 - 70 =$		$30 - 10 =$		$80 - 30 =$	
$40 - 0 =$		$80 - 20 =$		$40 - 20 =$	
$20 - 10 =$		$170 - 100 =$		$140 - 10 =$	
$110 - 110 =$		$50 - 10 =$		$140 - 90 =$	
$110 - 40 =$		$50 - 40 =$		$120 - 70 =$	
$70 - 0 =$		$160 - 100 =$		$30 - 20 =$	

JOGGING DE CALCUL

$80 - 0 =$	80	$100 - 70 =$	30	$150 - 60 =$	90
$160 - 80 =$	80	$10 - 10 =$	0	$20 - 10 =$	10
$150 - 60 =$	90	$30 - 20 =$	10	$180 - 170 =$	10
$40 - 20 =$	20	$60 - 40 =$	20	$40 - 20 =$	20
$80 - 50 =$	30	$180 - 180 =$	0	$120 - 0 =$	120
$110 - 100 =$	10	$20 - 20 =$	0	$130 - 40 =$	90
$170 - 10 =$	160	$70 - 40 =$	30	$70 - 50 =$	20
$150 - 20 =$	130	$60 - 50 =$	10	$80 - 70 =$	10
$80 - 80 =$	0	$160 - 30 =$	130	$100 - 80 =$	20
$90 - 70 =$	20	$30 - 10 =$	20	$80 - 30 =$	50
$40 - 0 =$	40	$80 - 20 =$	60	$40 - 20 =$	20
$20 - 10 =$	10	$170 - 100 =$	70	$140 - 10 =$	130
$110 - 110 =$	0	$50 - 10 =$	40	$140 - 90 =$	50
$110 - 40 =$	70	$50 - 40 =$	10	$120 - 70 =$	50
$70 - 0 =$	70	$160 - 100 =$	60	$30 - 20 =$	10

JOGGING DE CALCUL

$10 - 0 =$		$100 - 50 =$		$20 - 10 =$	
$190 - 0 =$		$70 - 20 =$		$70 - 40 =$	
$60 - 0 =$		$90 - 80 =$		$150 - 110 =$	
$90 - 20 =$		$170 - 160 =$		$30 - 10 =$	
$70 - 0 =$		$90 - 50 =$		$90 - 60 =$	
$140 - 80 =$		$90 - 50 =$		$100 - 30 =$	
$80 - 0 =$		$80 - 10 =$		$150 - 20 =$	
$50 - 20 =$		$90 - 30 =$		$100 - 40 =$	
$30 - 10 =$		$150 - 120 =$		$160 - 10 =$	
$10 - 10 =$		$60 - 0 =$		$80 - 60 =$	
$50 - 40 =$		$70 - 60 =$		$160 - 110 =$	
$190 - 100 =$		$20 - 20 =$		$170 - 40 =$	
$30 - 10 =$		$30 - 20 =$		$170 - 70 =$	
$80 - 10 =$		$180 - 90 =$		$50 - 20 =$	
$20 - 10 =$		$20 - 20 =$		$140 - 120 =$	

JOGGING DE CALCUL

$10 - 0 =$	10	$100 - 50 =$	50	$20 - 10 =$	10
$190 - 0 =$	190	$70 - 20 =$	50	$70 - 40 =$	30
$60 - 0 =$	60	$90 - 80 =$	10	$150 - 110 =$	40
$90 - 20 =$	70	$170 - 160 =$	10	$30 - 10 =$	20
$70 - 0 =$	70	$90 - 50 =$	40	$90 - 60 =$	30
$140 - 80 =$	60	$90 - 50 =$	40	$100 - 30 =$	70
$80 - 0 =$	80	$80 - 10 =$	70	$150 - 20 =$	130
$50 - 20 =$	30	$90 - 30 =$	60	$100 - 40 =$	60
$30 - 10 =$	20	$150 - 120 =$	30	$160 - 10 =$	150
$10 - 10 =$	0	$60 - 0 =$	60	$80 - 60 =$	20
$50 - 40 =$	10	$70 - 60 =$	10	$160 - 110 =$	50
$190 - 100 =$	90	$20 - 20 =$	0	$170 - 40 =$	130
$30 - 10 =$	20	$30 - 20 =$	10	$170 - 70 =$	100
$80 - 10 =$	70	$180 - 90 =$	90	$50 - 20 =$	30
$20 - 10 =$	10	$20 - 20 =$	0	$140 - 120 =$	20

JOGGING DE CALCUL

140 - 110 =		140 - 120 =		70 - 60 =	
190 - 20 =		70 - 50 =		100 - 30 =	
140 - 100 =		70 - 10 =		160 - 60 =	
110 - 20 =		90 - 80 =		100 - 40 =	
130 - 120 =		70 - 40 =		20 - 20 =	
70 - 20 =		40 - 20 =		80 - 40 =	
120 - 10 =		140 - 20 =		30 - 30 =	
140 - 50 =		130 - 30 =		80 - 20 =	
10 - 10 =		120 - 110 =		40 - 10 =	
70 - 20 =		180 - 40 =		50 - 20 =	
80 - 70 =		180 - 140 =		40 - 40 =	
100 - 50 =		70 - 40 =		100 - 0 =	
30 - 30 =		70 - 10 =		100 - 10 =	
130 - 80 =		80 - 60 =		150 - 110 =	
100 - 70 =		20 - 10 =		110 - 20 =	

JOGGING DE CALCUL

$140 - 110 =$	30	$140 - 120 =$	20	$70 - 60 =$	10
$190 - 20 =$	170	$70 - 50 =$	20	$100 - 30 =$	70
$140 - 100 =$	40	$70 - 10 =$	60	$160 - 60 =$	100
$110 - 20 =$	90	$90 - 80 =$	10	$100 - 40 =$	60
$130 - 120 =$	10	$70 - 40 =$	30	$20 - 20 =$	0
$70 - 20 =$	50	$40 - 20 =$	20	$80 - 40 =$	40
$120 - 10 =$	110	$140 - 20 =$	120	$30 - 30 =$	0
$140 - 50 =$	90	$130 - 30 =$	100	$80 - 20 =$	60
$10 - 10 =$	0	$120 - 110 =$	10	$40 - 10 =$	30
$70 - 20 =$	50	$180 - 40 =$	140	$50 - 20 =$	30
$80 - 70 =$	10	$180 - 140 =$	40	$40 - 40 =$	0
$100 - 50 =$	50	$70 - 40 =$	30	$100 - 0 =$	100
$30 - 30 =$	0	$70 - 10 =$	60	$100 - 10 =$	90
$130 - 80 =$	50	$80 - 60 =$	20	$150 - 110 =$	40
$100 - 70 =$	30	$20 - 10 =$	10	$110 - 20 =$	90

JOGGING DE CALCUL

$50 - 40 =$		$20 - 0 =$		$150 - 140 =$	
$130 - 120 =$		$60 - 50 =$		$20 - 20 =$	
$180 - 30 =$		$120 - 10 =$		$50 - 50 =$	
$100 - 70 =$		$190 - 90 =$		$10 - 10 =$	
$40 - 30 =$		$20 - 10 =$		$130 - 10 =$	
$130 - 130 =$		$170 - 130 =$		$160 - 150 =$	
$80 - 70 =$		$180 - 30 =$		$160 - 90 =$	
$20 - 10 =$		$110 - 80 =$		$90 - 30 =$	
$170 - 30 =$		$100 - 60 =$		$60 - 20 =$	
$30 - 20 =$		$190 - 50 =$		$100 - 30 =$	
$110 - 20 =$		$60 - 20 =$		$190 - 60 =$	
$190 - 130 =$		$120 - 90 =$		$130 - 10 =$	
$170 - 50 =$		$70 - 60 =$		$50 - 10 =$	
$190 - 70 =$		$10 - 10 =$		$80 - 20 =$	
$130 - 40 =$		$170 - 40 =$		$20 - 20 =$	

JOGGING DE CALCUL

$50 - 40 =$	10	$20 - 0 =$	20	$150 - 140 =$	10
$130 - 120 =$	10	$60 - 50 =$	10	$20 - 20 =$	0
$180 - 30 =$	150	$120 - 10 =$	110	$50 - 50 =$	0
$100 - 70 =$	30	$190 - 90 =$	100	$10 - 10 =$	0
$40 - 30 =$	10	$20 - 10 =$	10	$130 - 10 =$	120
$130 - 130 =$	0	$170 - 130 =$	40	$160 - 150 =$	10
$80 - 70 =$	10	$180 - 30 =$	150	$160 - 90 =$	70
$20 - 10 =$	10	$110 - 80 =$	30	$90 - 30 =$	60
$170 - 30 =$	140	$100 - 60 =$	40	$60 - 20 =$	40
$30 - 20 =$	10	$190 - 50 =$	140	$100 - 30 =$	70
$110 - 20 =$	90	$60 - 20 =$	40	$190 - 60 =$	130
$190 - 130 =$	60	$120 - 90 =$	30	$130 - 10 =$	120
$170 - 50 =$	120	$70 - 60 =$	10	$50 - 10 =$	40
$190 - 70 =$	120	$10 - 10 =$	0	$80 - 20 =$	60
$130 - 40 =$	90	$170 - 40 =$	130	$20 - 20 =$	0

JOGGING DE CALCUL

$150 - 110 =$		$120 - 90 =$		$100 - 80 =$	
$170 - 160 =$		$140 - 90 =$		$100 - 20 =$	
$90 - 70 =$		$100 - 60 =$		$150 - 30 =$	
$100 - 0 =$		$30 - 20 =$		$110 - 30 =$	
$90 - 70 =$		$100 - 60 =$		$80 - 70 =$	
$40 - 30 =$		$130 - 90 =$		$100 - 100 =$	
$50 - 10 =$		$140 - 120 =$		$30 - 10 =$	
$70 - 70 =$		$40 - 20 =$		$50 - 10 =$	
$120 - 110 =$		$130 - 10 =$		$160 - 50 =$	
$10 - 10 =$		$60 - 20 =$		$60 - 10 =$	
$10 - 10 =$		$120 - 60 =$		$80 - 40 =$	
$50 - 40 =$		$110 - 100 =$		$120 - 80 =$	
$40 - 10 =$		$120 - 50 =$		$40 - 30 =$	
$80 - 10 =$		$20 - 0 =$		$110 - 30 =$	
$150 - 100 =$		$100 - 20 =$		$100 - 40 =$	

JOGGING DE CALCUL

$150 - 110 =$	40	$120 - 90 =$	30	$100 - 80 =$	20
$170 - 160 =$	10	$140 - 90 =$	50	$100 - 20 =$	80
$90 - 70 =$	20	$100 - 60 =$	40	$150 - 30 =$	120
$100 - 0 =$	100	$30 - 20 =$	10	$110 - 30 =$	80
$90 - 70 =$	20	$100 - 60 =$	40	$80 - 70 =$	10
$40 - 30 =$	10	$130 - 90 =$	40	$100 - 100 =$	0
$50 - 10 =$	40	$140 - 120 =$	20	$30 - 10 =$	20
$70 - 70 =$	0	$40 - 20 =$	20	$50 - 10 =$	40
$120 - 110 =$	10	$130 - 10 =$	120	$160 - 50 =$	110
$10 - 10 =$	0	$60 - 20 =$	40	$60 - 10 =$	50
$10 - 10 =$	0	$120 - 60 =$	60	$80 - 40 =$	40
$50 - 40 =$	10	$110 - 100 =$	10	$120 - 80 =$	40
$40 - 10 =$	30	$120 - 50 =$	70	$40 - 30 =$	10
$80 - 10 =$	70	$20 - 0 =$	20	$110 - 30 =$	80
$150 - 100 =$	50	$100 - 20 =$	80	$100 - 40 =$	60

JOGGING DE CALCUL

120 - 70 =		90 - 20 =		20 - 20 =	
30 - 30 =		50 - 40 =		120 - 60 =	
150 - 100 =		80 - 50 =		180 - 30 =	
170 - 50 =		10 - 0 =		20 - 10 =	
80 - 60 =		40 - 30 =		40 - 10 =	
140 - 50 =		80 - 70 =		80 - 60 =	
20 - 10 =		40 - 40 =		90 - 30 =	
150 - 120 =		60 - 20 =		150 - 10 =	
90 - 70 =		60 - 0 =		60 - 10 =	
50 - 50 =		20 - 20 =		160 - 100 =	
20 - 10 =		100 - 60 =		20 - 10 =	
110 - 90 =		140 - 60 =		130 - 60 =	
20 - 20 =		140 - 100 =		110 - 80 =	
110 - 30 =		170 - 90 =		130 - 40 =	
110 - 70 =		20 - 20 =		30 - 20 =	

JOGGING DE CALCUL

$120 - 70 =$	50	$90 - 20 =$	70	$20 - 20 =$	0
$30 - 30 =$	0	$50 - 40 =$	10	$120 - 60 =$	60
$150 - 100 =$	50	$80 - 50 =$	30	$180 - 30 =$	150
$170 - 50 =$	120	$10 - 0 =$	10	$20 - 10 =$	10
$80 - 60 =$	20	$40 - 30 =$	10	$40 - 10 =$	30
$140 - 50 =$	90	$80 - 70 =$	10	$80 - 60 =$	20
$20 - 10 =$	10	$40 - 40 =$	0	$90 - 30 =$	60
$150 - 120 =$	30	$60 - 20 =$	40	$150 - 10 =$	140
$90 - 70 =$	20	$60 - 0 =$	60	$60 - 10 =$	50
$50 - 50 =$	0	$20 - 20 =$	0	$160 - 100 =$	60
$20 - 10 =$	10	$100 - 60 =$	40	$20 - 10 =$	10
$110 - 90 =$	20	$140 - 60 =$	80	$130 - 60 =$	70
$20 - 20 =$	0	$140 - 100 =$	40	$110 - 80 =$	30
$110 - 30 =$	80	$170 - 90 =$	80	$130 - 40 =$	90
$110 - 70 =$	40	$20 - 20 =$	0	$30 - 20 =$	10